

## Directions to Ultrasound

- Ultrasound, Women's Ambulatory Care**  
Zone B, Level 5

From the Visitor Parking Garage:

- ❖ Proceed to Level 2 of the parking garage
- ❖ Exit at Level 2, walk through the walkway to the B elevators
- ❖ Take elevators to Level 5
- ❖ Register at Ultrasound Reception

- Ultrasound, Main Department**  
Zone D, Level 1

From the Visitor Parking Lot:  
(Parking Lot #1)

- ❖ Please proceed to Zone "D" and the patient elevators
- ❖ Go to Level 1
- ❖ Exit elevator towards the Ultrasound department
- ❖ Register at Ultrasound reception

## Date of Examination:

\_\_\_\_\_  
\_\_\_\_\_

## Time of Examination:

\_\_\_\_\_ am / pm  
\_\_\_\_\_ am / pm

Please bring your **Health Card** with you.

## Your Next Appointment with:

Dr. \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_ am / pm

## Department:

- Ultrasound,  
Women's Ambulatory Care  
Zone B, Level 5
- Ultrasound, Main Department  
Zone D, Level 1

**If you are unable to keep your appointment, please let your doctor's office know and call Radiology Bookings at 519-685-8500 ext. 58770.**

## Patient Information

# Obstetrical ULTRASOUND

*What you need to know.*



London Health  
Sciences Centre

Radiology

## Frequently Asked Questions

### *What is Ultrasound?*

- Ultrasound is a method of using sound waves to obtain images of your baby.

### *Do you scan my baby in 3D?*

- No.

### *Will the ultrasound hurt my baby?*

- No. Ultrasound is a safe way to look at the baby at all stages of pregnancy.

### *Why do I need a full Bladder?*

- A full bladder acts as a window into the body and allows us to see much more clearly.

### *What does the gel do?*

- The gel is essential for ultrasound imaging. Air blocks ultrasound beams; the gel prevents air from getting between the probe and your skin.



## Preparation for Your Examination

### **PELVIC**

#### Full Bladder

- 4; 8 oz. glasses of water 1 hour prior to examination
- Please do not empty your bladder prior to examination

### **PREGNANT 15 WEEKS OR LESS**

#### Full Bladder

- 3; 8 oz. glasses of water 1 hour prior to examination
- Please do not empty your bladder prior to examination

### **PREGNANT 16-21 WEEKS**

- 2; 8 oz. glasses of water 1 hour prior to examination
- Please do not empty your bladder prior to examination

### **PREGNANT OVER 21 WEEKS**

- No prep required

**This is a painless procedure. The sonographer will explain the test while it is in progress.**

## Family Viewing Guidelines

The staff and physicians of Diagnostic Imaging recognize that this is a special time for you and your family. The ultrasound is a medical exam and the Sonographer must:

- 1) Complete the ultrasound before anyone is brought into the room.
- 2) We ask that you refrain from asking the Sonographer for any ultrasound results during the scan. Your referring physician can provide you with the results at your follow-up appointment and answer any questions at that time.

Your cooperation with this policy will assist with the efficiency and accuracy of the ultrasound exams for all of our patients.

